

# CHARACTER TRAIT FOR SEPTEMBER

# KINDNESS



## I. DEFINITION

The quality of being friendly, generous, and considerate.

## II. QUOTES

“Guard well within yourself that treasure, **kindness**. Know how to give without hesitation, how to lose without regret, how to acquire without meanness.” -*George Sand*

“The smallest act of **kindness** is worth more than the grandest intention.” -*Oscar Wilde*

“**Kindness** is a language which the deaf can hear and the blind can see.” -Mark Twaine



## III. QUESTIONS AND ACTIVITIES

- How does someone show **kindness**? Discuss and allow students to act out different examples of being **kind**.
- **Kindness** Scavenger Hunt- Throughout the day, have students look for acts of **kindness** and talk about what they observed.
- Make a **Kindness** Paper Chain- When a student is “caught” doing something **kind** write the act on a link and add it to the chain.

## IV. RELATED PICTURE BOOKS

Kindness is Cooler, Mrs. Ruler by Margery Cuyler

The Kindness Quilt by Nancy Elizabeth Wallace

Have You Filled a Bucker Today? by Carol McCloud

How Full is Your Bucket? For Kids by Tom Roth

Ordinary Mary's Extraordinary Deed by Emily Pearson



Know What Matters.