

# CHARACTER TRAIT FOR FEBRUARY

## HONESTY AND INTEGRITY

### I. DEFINITION

**Honesty** - free of deceit and untruthfulness; sincere

**Integrity** - adherence to moral and ethical principles; soundness of moral character; honesty



### II. QUOTES

"If you want to be trusted, be **honest**. If you want to be **honest**, be true. If you want to be true, be yourself." - *Unknown*

"I cannot expect **integrity** in others if I do not demand it from myself first." - *Tony Meloto*

"**Integrity** is doing the right thing even when no one is watching." - *C.S. Lewis*



### III. QUESTIONS AND ACTIVITIES

- Integrity flowers -This activity goes along with the story, [The Empty Pot](#).
- Discuss with your students the importance of telling the truth. Role play what happens when someone tells the truth and when someone tells a lie.
- Talk about Abraham Lincoln and why his nickname was "Honest Abe".

### IV. RELATED PICTURE BOOKS

[The Boy Who Cried Ninja](#) by Alex Latimer

[Ruthie and the \(not so\) Tiny Lie](#) by Laura Rankin

[The Empty Pot](#) by Demi



Know What Matters.