



Saints Café

Grades 3-12

August 2019

		14	15	16		
Healthy edge		Spinach Florentine Fish Buffalo Cauliflower Steamed Vegetables	Blackbean Burger Sweet Potato Fries Capri Vegetables	Chicken Stuffed Bell Peppers Sugar Snap Peas Whole Grain Pasta w/ Marinara		
the Classics		Southern Fried Chicken Fried Okra Homemade Mac and Cheese	Beef Tacos Mexican rice Cheesy Refried Beans	Fried Pork Chops Cheesy Mashed Potatoes Steamed Vegetables		
GRILLE ETC		Chick fil A	Grilled Chicken Sandwiches	Saints Wings		
upper CRUST		Chicken Alfredo Pizza	Buffalo Chicken Pizza	Meat Lovers		
Passport Cafe		Mini corn dogs Curly Fries	Philly Cheesesteak	Pasta Station		
	19	20	21	22	23	
Healthy edge		Beef and Broccoli Brown Rice Asian Vegetables	Keto Chicken, Bacon Ranch Salad Italian Blend Vegetables Creamed Spinach	Peach Glazed Chicken Grilled Zucchini Steamed Carrots	Greek Seasoned Grilled Chicken Potato Salad Grilled Asparagus	Turkey Meatloaf Roasted Honey Balsamic Carrots Green Beans
the Classics		Fried Fish Rice and Gravy Turnip Greens	Chicken Bacon Ranch Pasta Cheesy Broccoli Fried Corn Nuggets	Meatball Stroganoff Cheesy Broccoli Fried Corn Nuggets	Popcorn Shrimp Creamed Corn Steamed Vegetables	Cheesy Taco Pasta Mexican Rice Corn
GRILLE ETC		Chicken Tenders	Cheesesticks w/ Marinara	Chick Fil A	Grilled Cheese	Saints Wings
upper CRUST		Hawaiian BBQ Chicken Pizza	Pineapple Bacon Pizza	Meat Lovers Pizza	The works Pizza	Breakfast Pizza
Passport Cafe		Sloppy Joe Onion Rings	BLT Sandwiches Fries w/ Bacon and Ranch	Philly Cheesesteak	Pasta Bowl	Pancakes w/ Assorted Toppings
	26	27	28	29	30	
Healthy edge		Lemon Pepper Tilapia Buffalo Cauliflower Grilled Brusselsprouts	Hasselback Caprese Chicken Sauteed Squash Steamed Broccoli	Turkey Burger Steamed Vegetables Sweet Potato Fries	Creamy Tuscan Garlic Chicken Whole Grain Pasta Steamed Vegetables	
the Classics		Crispy Cheddar Chicken Ranch Mashed Potatoes Green Beans	Spaghetti and Meatballs Garlic Roll Mixed Vegetables	Chicken n Dumplings Fried Okra Mac n Cheese	Country Fried Steak AuGratin Potatoes Corn on the Cob	
GRILLE ETC		Chicken Tenders	Cheesesticks w/ Marinara	Chick Fil A	Grilled Cheese	Saints Wings
upper CRUST		Spinach Alfredo Pizza	Tropical Luau Pizza	Chicken Alfredo Pizza	Meatlovers Pizza	Bacon Cheeseburger
Passport Cafe		Pulled Pork Sandwich Tator Tots	Boneless Chicken Wings Basket	Mini Corn Dogs Curly Fries	Guest Chef Lorenzo Ferguson Fitkits Food Truck	Pasta Station

Served Daily

GRILLE ETC
Hamburgers
Cheeseburgers
Hotdogs
French Fries

SOUPS & SPUDS

Homemade Hot Soups
Baked Idaho Potatoes or
Sweet Potatoes

simply SWEET

Jumbo Cookies
Assorted Ice Cream Bars
Hot cobbler

Deli designs

Freshly sliced deli meats
served with all the trimmings
and fresh bread choices

Garden gourmet

Mixed Greens and Spinach
Freshly Prepared dressings
Deli salads and assorted toppings